



## ***Podcast Segment Six***

**A Practical Method  
for Learning Music  
on Guitar (and Bass)**



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## C form Grid showing major scale notes with degree numbers

Illustration 2

### C Form Grid Interval Pairs

Do these forwards (first note to second note) and then try them backwards (second note to first note)

I – A string to III - D string  
 I – A string to V - G string  
 I – A string to IV - D string

I – A string to III - low E string  
 I – A string to V - low E string  
 I – A string to IV - low E string

I – B string to III - high E string  
 I – B string to V - high E string  
 I – B string to IV - high E string

I – B string to III - D string  
 I – B string to IV - D string

I – A string to VI - G string  
 I – A string to VII - B string

VII – A string to I - A string  
 VI – A string to I - A string

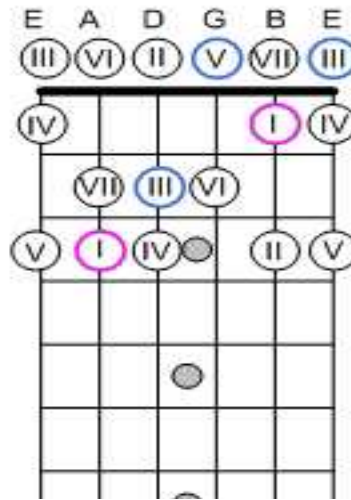
V – E string to I - A string  
 I – A string to IV - D string  
 IV – D string to VI - G string  
 VI – G string to II - B string  
 II – B string to V - high E string

III – E string to IV - E string  
 VII – A string to I - A string  
 III – D string to IV - D string  
 VII – B string to I - B string  
 III – E string to IV - E string

IV – E string to VII - A string  
 IV – E string to VI - A string  
 VII – A string to II - D string  
 VII – A string to IV - D string

III – D string to V - G string  
 III – D string to VI - G string  
 VI – G string to VII - B string  
 VI – G string to II - B string  
 II – B string to III - high E string  
 II – B string to V - high E string

Note: There are more two note interval combinations, but these should be sufficient.



### And arpeggios (bonus!) forwards and backwards

III – E string to V - E string to VII - A string  
 IV – E string to VI - A string to I - A string  
 V – E string to VII - A string to II - D string

VI – A string to I - A string to III - D string  
 VII – A string to II - D string to IV - D string  
 I – A string to III - D string to V - G string

II – D string to IV - D string to VI - G string  
 III – D string to V - G string to VII - B string  
 IV – D string to VI - G string to I - B string

V – G string to VII - B string to II - B string  
 VI – G string to I - B string to III - E string  
 VII – B string to II - B string to IV - E string  
 I – B string to III - E string to V - E string

## A form Grid showing major scale notes with scale degree numbers

### Illustration 3

#### A Form Grid Interval Pairs

Do these forwards (first note to second note) and then try them backwards (second note to first note)

I – A string to III - D string  
 I – A string to V - D string  
 I – A string to IV - D string

I – A string to V - low E string  
 I – A string to VI - low E string

I – G string to III - B string  
 I – G string to V - high E string  
 I – G string to IV - B string

I – G string to III - D string  
 I – G string to IV - D string  
 I – G string to V - D string

I – A string to VI - G string  
 I – A string to VII - G string

VII – A string to I - A string  
 VII – A string to II - A string

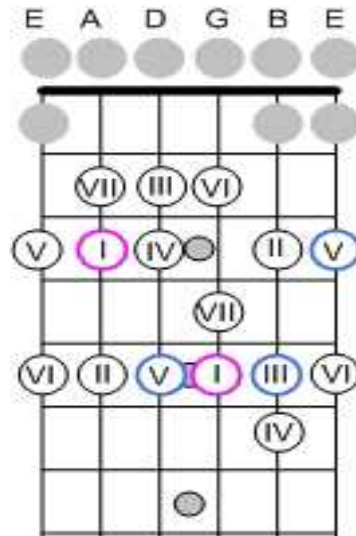
V – E string to I - A string  
 I – A string to IV - D string  
 IV – D string to VI - G string  
 VI – G string to II - B string  
 II – B string to IV - B string

V – E string to VI - E string  
 VII – A string to I - A string  
 III – D string to IV - D string  
 VI – G string to VII - G string  
 II – B string to III - B string  
 V – high E string to VI - high E string

V – E string to II - A string  
 VI – E string to II - A string  
 II – A string to IV - D string  
 II – A string to V - D string

IV – D string to VII - G string  
 V – D string to VII - G string  
 VII – G string to II - B string  
 VII – G string to III - B string  
 III – B string to VI - high E string  
 IV – B string to VI - high E string

Note: There are more two note interval combinations, but these should be sufficient.



#### And arpeggios (bonus!) forwards and backwards

V – E string to VII - A string to II - A string  
 VI – E string to I - A string to III - D string  
 VII – A string to II - A string to IV - D string

I – A string to III - D string to V - D string  
 II – A string to IV - D string to VI - G string  
 III – D string to V - D string to VII - G string

IV – D string to VI - G string to I - G string  
 V – D string to VII - G string to II - B string  
 VI – G string to I - G string to III - B string

VII – G string to II - B string to IV - B string  
 I – G string to III - B string to V - E string  
 II – B string to IV - B string to VI - E string

## G form Grid showing major scale notes with scale degree numbers

**Illustration 4**

### G Form Grid Interval Pairs

Do these forwards (first note to second note) and then try them backwards (second note to first note)

I – E string to III - A string  
 I – E string to V - D string  
 I – E string to IV - A string

I – E string to VI - E string  
 I – E string to VII - E string

I – G string to III - B string  
 I – G string to V - B string  
 I – G string to IV - B string

I – G string to III - A string  
 I – G string to IV - A string  
 I – G string to V - D string

I – E string to VI - D string  
 I – E string to VII - G string

VII – E string to I - E string  
 VII – E string to II - A string

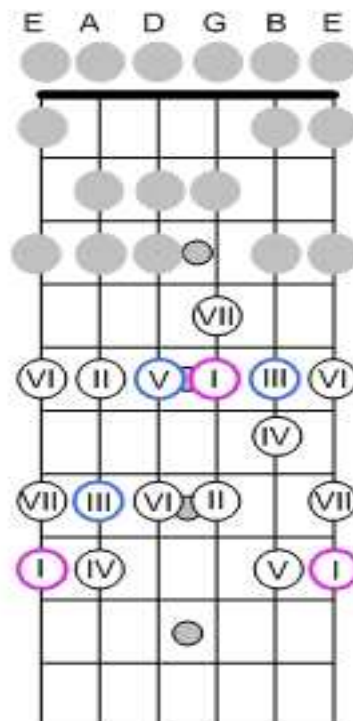
VI – E string to II - A string  
 IV – A string to VI - D string  
 VI – D string to II - G string  
 II – G string to IV - B string

VI – E string to I - E string  
 II – A string to IV - A string  
 V – D string to VI - D string  
 VII – G string to II - G string  
 III – B string to V - B string  
 VI – high E string to I - high E string

VI – E string to III - A string  
 VI – E string to IV - A string  
 IV – A string to V - D string  
 IV – A string to VI - D string

V – D string to VII - G string  
 VI – D string to I - G string  
 VII – G string to IV - B string  
 VII – G string to V - B string  
 III – B string to VII - high E string  
 IV – B string to I - high E string

Note: There are more two note interval combinations, but these should be sufficient.



### And arpeggios (bonus!) forwards and backwards

VI – E string to I - E string to III - A string  
 VII – E string to II - A string to IV - A string  
 I – E string to III - A string to V - D string

II – A string to IV - A string to VI - D string  
 III – A string to V - D string to VII - G string  
 IV – A string to VI - D string to I - G string

V – D string to VII - G string to II - G string  
 VI – D string to I - G string to III - B string

VII – G string to II - G string to IV - B string  
 I – G string to III - B string to V - B string  
 II – G string to IV - B string to VI - E string

III – B string to V - B string to VII - E string  
 IV – B string to VI - E string to I - E string

## E form Grid showing major scale notes with scale degree numbers

Illustration 5

### E Form Grid Interval Pairs

Do these forwards (first note to second note) and then try them backwards (second note to first note)

I – E string to III - A string  
 I – E string to V - A string  
 I – E string to IV - A string

I – E string to VII - E string  
 I – E string to II - E string

I – D string to III - G string  
 I – D string to V - B string  
 I – D string to IV - G string

I – D string to III - A string  
 I – D string to IV - A string  
 I – D string to V - A string

I – E string to VI - D string  
 I – E string to VII - D string

VII – E string to I - E string  
 VII – E string to II - E string

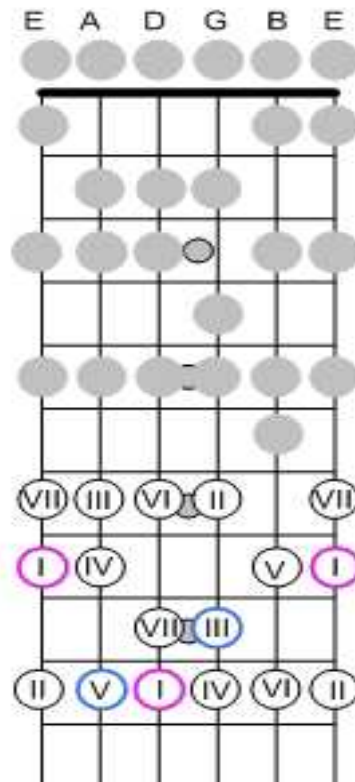
VII – E string to III - A string  
 III – A string to VI - D string  
 VI – D string to III - G string  
 II – G string to V - B string

VII – E string to II - E string  
 III – A string to V - A string  
 VI – D string to I - D string  
 II – G string to IV - G string  
 V – B string to VI - B string  
 VII – high E string to II - high E string

VII – E string to IV - A string  
 VII – E string to V - A string  
 III – A string to VII - D string  
 III – A string to I - D string

VI – D string to III - G string  
 VI – D string to IV - G string  
 II – G string to V - B string  
 II – G string to VI - B string  
 V – B string to I - high E string  
 V – B string to II - high E string

Note: There are more two note interval combinations, but these should be sufficient.



### And arpeggios (bonus!) forwards and backwards

VII – E string to II - A string to IV - A string  
 I – E string to III - A string to V - A string  
 II – A string to IV - A string to VI - D string

III – A string to V - D string to VII - D string  
 IV – A string to VI - D string to I - D string  
 V – A string to VII - D string to II - G string

VI – D string to I - D string to III - G string  
 VII – D string to II - G string to IV - G string  
 I – D string to III - G string to V - B string

II – G string to IV - G string to VI - B string  
 III – G string to V - B string to VII - E string  
 IV – G string to VI - B string to I - E string

V – B string to VII - E string to II - E string

## D form Grid showing major scale notes with scale degree numbers

Illustration 6

### D Form Grid Interval Pairs

Do these forwards (first note to second note) and then try them backwards (second note to first note)

I – D string to III - G string  
 I – D string to V - G string  
 I – D string to IV - G string

I – D string to VII - D string  
 I – D string to II - D string

I – B string to III - high E string  
 I – B string to IV - high E string

I – B string to III - G string  
 I – B string to IV - G string  
 I – B string to V - V string

I – D string to VI - B string  
 I – D string to VII - B string

VII – D string to I - D string  
 VII – D string to II - D string

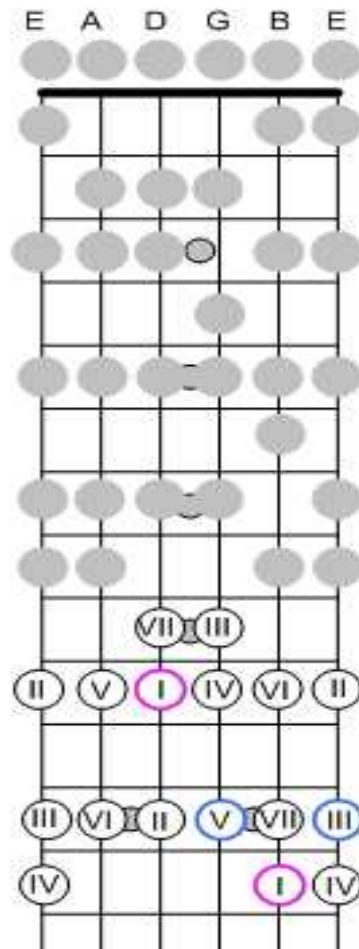
III – E string to V - A string  
 VI – A string to I - D string  
 II – D string to IV - G string  
 V – G string to VII - B string

II – E string to IV - E string  
 V – A string to VI - A string  
 VII – D string to II - D string  
 III – G string to V - G string  
 VI – B string to I - B string  
 II – high E string to IV - high E string

II – E string to V - A string  
 II – E string to VI - A string  
 V – A string to I - D string  
 V – A string to II - D string

VII – D string to IV - G string  
 VII – D string to V - G string  
 III – G string to VII - B string  
 III – G string to I - B string  
 VI – B string to III - high E string  
 VI – B string to IV - high E string

Note: There are more two note interval combinations, but these should be sufficient.



### And arpeggios (bonus!) forwards and backwards

II – E string to IV - E string to VI - A string  
 III – E string to V - A string to VII - D string  
 IV – E string to VI - A string to I - D string

V – A string to VII - D string to II - D string  
 VI – A string to I - D string to III - G string

VII – D string to II - D string to IV - G string  
 I – D string to III - G string to V - G string  
 II – D string to IV - G string to VI - B string

III – G string to V - G string to VII - B string  
 IV – G string to VI - B string to I - B string  
 V – G string to VII - B string to II - E string

VI – B string to I - B string to III - E string  
 VII – B string to II - E string to IV - E string